

Greetings!!!

It is a pleasure to bring to you this much-awaited issue of IJIFM.

The first article on social oocyte freezing throws light on this wonderful technique, wherein a woman can have an option of "Egg Banking". The age at which a woman chooses to start a family is steadily increasing as more and more women find it important to complete their education and pursue a career which makes them economically independent, as well as have a stable relationship before embarking on motherhood. This technology is proving to be a real boon since it offers women reproductive independence. The article describes the improvement in oocyte survival with vitrification allowing good pregnancy rates post-thaw. By describing a case of social egg freezing in a woman at a young age, who later planned pregnancy at an advanced age, the author has beautifully described the experience of the whole process of oocyte freezing and subsequent thawing and embryo transfer. Oocyte freezing is no longer considered an experimental procedure and has much wider applications these days.

The second article is on the effect of Vitamin C and atorvastatin on male fertility. It shows that Vitamin C and atorvastatin significantly reversed the harmful effects of stress on sperm parameters in rats. This opens the door for more clinical trials on the topic.

The third article is by Jaffar et al. on the impact of weight loss on male hormone parameters. It is clearly known that obesity has a negative effect on the reproductive potential of both men and women. In this study, it was shown that reduction in BMI leads to improvement in S. testosterone and sex hormone binding globulin (SHBG) levels.

There is an interesting article on the effect of time interval from tubal ligation for hydrosalpinx to IVF. It is well proven that removal of hydrosalpinx prior to IVF improves pregnancy rates, but there is not much literature on the effects of time interval since removal of hydrosalpinx on pregnancy rates. This study clearly shows better pregnancy rates if IVF is postponed by at least 10 weeks after tubal clipping for hydrosalpinx. Probably more studies on this topic with larger number of subjects can provide us a clear answer and can prove really beneficial.

We are also pleased to inform you that Life Conference, 2019, will be held on 1st, 2nd and 3rd November, 2019, at hotel LaLiT Ashok, Bengaluru. The theme of the Conference is "Medical Disorders: Infertility and Beyond", which will cover the diagnosis and management of disorders from infertility through pregnancy. We intend to cover preconceptional evaluation, challenges encountered during assisted reproduction, pregnancy monitoring and surveillance and postpartum risk modulation in women with medical disorders.

Hope to see all of you at the Conference.

Wishing you all good time and looking forward to more colleagues sharing their experience in future!