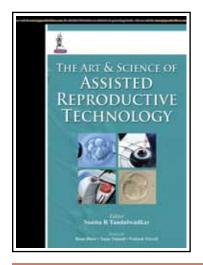
## **Book Review**

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# THE ART AND SCIENCE OF ASSISTED REPRODUCTIVE TECHNOLOGY

This book updates the reader on the progress and the latest developments in the field of ART. A flow in the reading is maintained starting from setting up of an ART Lab to quality control, investigating an infertile couple, endocrinology and stimulation protocols to embryology aspects and ending with complications in ART. A number of highly useful illustrations and explanatory tables ensure that the reader is presented with easy to grasp, well presented information which maximizes clarity and understanding. The entire section on endocrinology and stimulation protocols has been written in great detail with logical organization of the chapters from genetics of ovarian response followed by physiology, then proceeding to the various types of stimulation protocols ending with monitoring and ovulation trigger. The chapter 'Ethical and Stress Issues in ART by Ian Cook' has tackled this extremely important aspect and presented to readers an issue which has long been neglected, along with interventions on how to deal with it.

'Genetic markers of ovarian response' is another difficult and complicated topic well written in simple language with schematic presentation for easier understanding. An entire section has been devoted to ART in special conditions dealing with PCOS, endometriosis, poor ovarian response and tuberculosis.

The book portends to be an excellent resource for practicing clinicians, embryologists as well as residents, and is likely to be highly useful for post doctoral students preparing for a fellowship program in reproductive medicine. I firmly believe that this book will become a main source of reading for the busy practitioner and will help every reproductive medicine specialist in better understanding and managing their patients.

### Kamini A Rao

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