

RESEARCH ARTICLE

Expression Profiling of TGF- β Receptor and its Relation with Endometriosis

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ABSTRACT

Study objectives: To measure the transforming growth factor-beta (TGF- β) receptor level in endometriotic tissues in patients selected for surgery in our hospital; and thus to assess its genetic basis in the pathophysiology of endometriosis; and to study its possibility as a potent tissue marker.

Design: Observational study (case control study) involving Genetic Laboratory Study.

Setting: Tertiary Care Institute, Gynecology Department.

Population or sample: Total 100 female patients undergoing surgery in our hospital involved; out of them 50 were cases and 50 controls.

Materials and methods: Fifty cases (having endometriosis) and 50 controls (without endometriosis) were taken. During surgery, excised specimen was examined for presence of any endometriotic tissue. The endometrial tissue samples from suspected area were taken and put immediately in RNA-PCR media and sent to Genetics Laboratory where semi-quantitative RT-PCR analysis of TGF-beta was done using primers designed by Primer Blast software (National Center for Biotechnology Information).

Main outcome measures: The mean TGF- β receptor level was 0.5886 in cases and the mean TGF- β receptor level in controls was 2.076. Both in extrauterine endometriosis and in adenomyosis, TGF- β receptor was downregulated equally in 80% of cases.

Results: Transforming growth factor-beta receptor levels in all types of endometriosis showed a significant down regulation in maximum number of cases.

Conclusion: This downregulation of TGF- β receptor level in the endometriotic tissues not only helps in understanding the pathological basis of endometriosis but most importantly, it can be utilized as genetic basis of therapy in endometriosis in near future.

Keywords: Downregulation, Endometriosis, PCR analysis, Transforming growth factor.

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INTRODUCTION

Endometriosis is an estrogen-dependent chronic gynecological disorder, usually associated with pelvic pain and infertility.¹ Very little is known about the underlying mechanisms of endometriosis which affects around 10% of reproductive age group women.^{2,3}

As early diagnosis of endometriosis and initiation of its treatment can improve the gynecological future of patient and can also prevent progression, the study of role of genetics and immunological studies is complementary to this approach.

To date many cytokines suspected to be involved in endometriosis have been analyzed. In this review, we concentrate on transforming growth factor-beta (TGF- β), because we suspect that they may play a major role in the biological processes leading to establishment and maintenance of endometriosis.

Transforming growth factor-beta (TGF- β) are implicated in the gene expression, cell motility, proliferation, apoptosis, differentiation, immune responses and tumorigenesis.⁴ Transforming growth factor-beta is an extracellular protein predominantly produced by a subset of T-cells and is ubiquitously expressed by all cells. In mammals, three isoforms of TGF- β are currently identified. Transforming growth factor-beta was the first to be discovered and most studied. Unless specified, TGF- β in the literature refers to the isoform TGF- β -1.^{1,5}

Our review study examines the role of TGF- β in the human endometrium and in the pathophysiology of endometriosis; and with the help of RNA-PCR study, we have precisely measured the genetic profiling and down-regulation of TGF- β receptor levels in endometriosis.

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MATERIALS AND METHODS

Our study was conducted in the department of obstetrics and gynecology, Institute of Medical Sciences, Banaras Hindu University, Varanasi, Uttar Pradesh, India. Fifty cases and 50 controls were selected. So, genetic study was done in total 100 women undergoing surgery in our hospital.

Selection of cases: Samples were taken from those areas which were peroperatively diagnosed as endometriosis or adenomyosis according to the naked eye appearance of the uterus, ovary and/or pouch of Douglas, in those patients who were admitted and operated in the department of obstetrics and gynecology, Institute of Medical Sciences. Only those tissue samples excised were included as cases for our study which were confirmed to be endometriotic tissue on histopathological diagnosis.

Selection of controls: Controls included fertile female of comparable age group with eumenorrhea, to be operated for reason other than endometriosis. Women with any kind of inflammatory disease, pelvic inflammatory disease, urinary tract infection, functional cyst, irritable bowel syndrome, genital tuberculosis, etc. were excluded from being selected as controls.

Inclusion Criteria of Cases

- Women in reproductive age group
- With symptoms of endometriosis. At least one clinical symptom must be present (e.g. dysmenorrhea, pelvic pain, infertility, etc.)
- Who were peroperatively diagnosed as endometriosis according to the naked eye appearance of the uterus, ovary and/or pouch of Douglas.
- From whom specimen/sample of endometriotic tissue could be taken during the open or laparoscopic abdominal surgeries.
- Whose specimen/tissue sample showed endometriosis on histopathological examination.

Exclusion Criteria of Cases

Women with inflammatory bowel disease, pelvic inflammatory disease, urinary tract infection, functional cyst, irritable bowel syndrome, genital tuberculosis.

MATERIALS AND METHODS

Preoperatively, in all our patients, indication of surgery was properly confirmed.

All routine check-ups including a complete blood count, ultrasonography, renal function test (RFT), electrocardiogram (ECG), chest X-ray and blood sugar was done for preanesthetic check-up.

On the basis of detailed history and examination, and ultrasound findings, patients were asked to either undergo laparoscopy or open abdominal hysterectomy.

Excised specimen was instantly examined grossly for presence of any endometriotic tissue.

Diagnostic Features Included

- Endometriotic vesicles on uterine surfaces
- Patches of brown, white, red, yellow-brown and/or clear implants. Quite often these implants had a deeper component below the surface and those could only be felt by touch.
- 'Nodule' appearance typical of endometriosis, and
- Chocolate cysts.

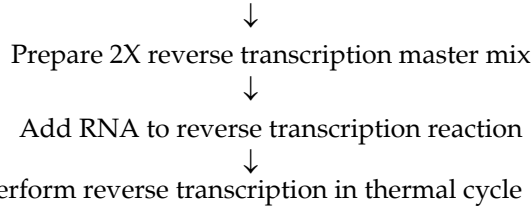
The endometrial tissue samples from suspected area were taken and put immediately in RNA-PCR media and sent to Genetics Laboratory. Along with this sample was also sent for histopathological confirmation.

In our study, *Quantitative RT-PCR*, using an external synthetic ribonucleic acid (RNA) standard (oligonucleotide peptide) had been used to measure the TGF- β receptors level.

Steps involved in this RT-PCR study

- Extraction and purification of RNA
 - Tissue sample is cut and collected in microcentrifuge tube + 300 μ l trizole (mixed)
 - ↓
 - Homogenize it with glass rod
 - ↓
 - Incubate at room temperature for 15 minutes
 - ↓
 - Add 1/4th volume of chloroform
 - ↓
 - Centrifuge at 12000 rpm for 15 minutes
 - ↓
 - Collect supernatant in tube
 - ↓
 - Add equal volume of isopropanol.
 - ↓
 - Keep for 16 minutes at room temperature
 - ↓
 - Centrifuge at 12000 rpm for 10 minutes at 4°C
 - ↓
 - Discard supernatant collect pellet
 - ↓
 - Add 70% alcohol then centrifuge at 7000 rpm for 5 minutes at 4°C
 - ↓
 - Air dry pellet
 - ↓
 - Add 20 micro liter of DEPC water and store at -80°C
 - ↓
 - DNase treatment of whole RNA extracted
 - ↓

- Complementary DNA (c-DNA) preparation



Use the reverse transcription reaction (c-DNA) directly for quantitative or other PCR application

Store the reverse transcription reaction (c-DNA) at 2–6°C

- Performing semi-quantitative RT-PCR for c-DNA sample that are prepared by above mentioned steps.

Total RNA was isolated from endometriotic tissue samples using TRIzol reagent followed by DNase I treatment. c-DNA was synthesized and semi-quantitative RT-PCR analysis of TGF-β was done using primers designed by Primer Blast software (National Center for biotechnology Information). Expression level of all transcripts was quantified after normalization of samples using GAPDH gene.

Complementary DNA of 50 samples were mixed with PCR reaction mixture of volume 12 µl each. Each reaction was performed in 15 µl, where 100 ng of DNA template was added to 1 µl of each primer, 160 mM dNTP, 1 × PCR buffer, and 1 U Taq, 35 cycles of incubation were performed using the BioRad PCR System. Each cycle consisted of 30 seconds at 94°C, 55 seconds at 62°C, and 55 seconds at 72°C. The first cycle was preceded by a 5 minutes denaturation step and a single step of extension at 72 °C for 10 minutes following the last cycle. This overall solution was prepared and put in PCR tube for 3 hours. Expression level of all transcripts was quantified after normalization of samples using glyceraldehyde 3-phosphate dehydrogenase GAPDH gene.

There were 50 cases in total whose tissue samples were grossly as well as histopathologically found to be positive for endometriosis. Similarly, there were 50 controls whose tissue sample was grossly as well as histopathologically found to be negative for endometriosis.

OBSERVATIONS/RESULTS

Table 1 is depicting the TGF-β receptor levels in various types of endometriosis; the last 10 cases are of adenomyosis, and case no. 18 and 19 are of bowel endometriosis. All others are uterine and/or ovarian endometriosis.

Among the 50 cases, 10 cases were of adenomyosis (the last 10 cases as shown in Table 1). All others were uterine and/or ovarian endometriosis.

Among the total 50 cases, nine cases showed no change in their receptor level, whereas the rest of 41 cases showed a decrease in the TGF-β receptor level. Among the cases of adenomyosis, eight of the cases

Table 1: TGF-β receptor levels in cases

Cases sl. no.	TGF-β receptor level	Change from mean value of TGF-β receptor level
1	0.75	↓
2	1.09	↓
3	0.66	↓
4	1.62	No change
5	1.72	No change
6	0.75	↓
7	0.62	↓
8	1.86	No change
9	0.44	↓
10	1.48	No change
11	0.4	↓
12	0.29	↓
13	0.25	↓
14	0.18	↓
15	0.16	↓
16	0.48	↓
17	0.26	↓
18	0.28	↓
19	0.23	↓
20	0.29	↓
21(a)	0.25	↓
22(a)	0.14	↓
23(a)	1.18	No change
24(a)	0.26	↓
25(a)	0.18	↓
26	0.25	↓
27	0.18	↓
28	0.16	↓
29	0.48	↓
30	0.26	↓
31	0.66	↓
32	0.62	↓
33	1.72	No change
34	0.29	↓
35	0.25	↓
36	0.18	↓
37	0.16	↓
38	0.48	↓
39	1.72	No change
40	0.75	↓
41	0.62	↓
42	1.86	No change
43	0.44	↓
44	0.26	↓
45	0.18	↓
46	0.23	↓
47	0.29	↓
48	0.25	↓
49	0.14	↓
50	1.18	No change



showed a decrease in their receptor level; the rest two cases showed no change. The mean TGF- β receptor level was 0.5886 in cases.

As clearly visible from Table 2, all the controls had their TGF- β receptor levels within normal limit. The mean TGF- β receptor level in controls was 2.076.

Table 2: TGF- β receptor levels in controls

Controls	TGF- β receptor level	Change from mean value
1	2.7	No change
2	2.9	No change
3	2.07	No change
4	1.59	No change
5	2.12	No change
6	1.47	No change
7	1.70	No change
8	2.26	No change
9	2.39	No change
10	1.27	No change
11	2.23	No change
12	1.35	No change
13	3.34	No change
14	2.26	No change
15	2.23	No change
16	2.21	No change
17	2.23	No change
18	2.09	No change
19	2.31	No change
20	1.98	No change
21	1.87	No change
22	1.76	No change
23	1.89	No change
24	2.67	No change
25	3.09	No change
26	2.39	No change
27	1.27	No change
28	2.23	No change
29	2.31	No change
30	1.98	No change
31	1.87	No change
32	1.59	No change
33	2.12	No change
34	1.47	No change
35	2.39	No change
36	1.27	No change
37	2.23	No change
38	1.35	No change
39	1.26	No change
40	1.32	No change
41	1.98	No change
42	1.87	No change
43	1.59	No change
44	2.67	No change
45	3.09	No change
46	2.39	No change
47	2.23	No change
48	1.35	No change
49	3.34	No change
50	2.26	No change

Since none of the controls showed any downregulation in their TGF- β receptor level, so odds ratio (OR) cannot be calculated (because one of the cells has the value zero). So, our study proves that there is a clear-cut down regulation of TGF- β receptor level (Table 3) in cases of endometriosis.

Table 4 shows that both in extrauterine endometriosis and in adenomyosis, TGF- β receptor was downregulated in almost equally in 80% of cases.

Since our study needed tissue sampling from pathological sites, so those infertile patients from whom tissue could not be taken, e.g. those with only few endometriotic implants in their peritoneum/cul de sac could not be included in our study.

DISCUSSION

Endometriosis is a puzzling disease with little known about its true prevalence, its risk factors and its potent diagnostic markers. The overall prevalence is unknown, primarily because surgery is the only reliable method for diagnosis and generally is not performed on women without symptoms or physical findings that strongly suggest the possibility; estimates vary by diagnosis.

As such endometriosis diagnosis requires the identification of two entities, i.e. presence of endometrial glands and stroma in ectopic places.^{1,5}

Endometriosis is a multifactorial disease and so genetic studies as such are difficult to approach due to the uncertainty of a polygenic trait.^{5,6} Genetic identification is essential for early diagnosis and genetic therapy of the genetically associated diseases.

Endometrial cells may synthesize cytokines and growth factors, which may modulate some of the molecular mechanisms of endometrial proliferation and differentiation. To date many cytokines² most importantly

Table 3: Total no. of cases and controls with down regulation of TGF- β receptor level

Patients	No. of patients with Downregulation	No. of patients with Normal level
Cases (with Endometriosis)	41 (82%)	9 (18%)
Controls (without Endometriosis)	0 (0%)	50 (100%)

Table 4: Comparative study of endometriosis and adenomyosis regarding downregulation of TGF- β receptor level

Total cases	No. of cases with down-regulation	No. of cases with normal level	Total no. of cases (n = 50)
Extra-uterine endometriosis	33 (82.5%)	7 (17.5%)	40
Adenomyosis	8 (80%)	2 (20%)	10

CA-125, IL-1,6, macrophage chemotactic protein-1 (MCP-1), leptin and macrophage migration inhibitory factor (MIF)⁷ have been discussed to be involved; but none of these have been found reliable or validated enough to be qualified as a potential molecular marker for endometriosis.

Role of TGF- β as Potent Markers for Diagnosis of Endometriosis

Transforming growth factor-beta are abundantly and differentially expressed in the endometrium^{1,8} and are secreted by endometrial cells and macrophages into the uterine fluid. Secretion of TGF- β into peritoneal fluid of women suffering from endometriosis suggests that they may be crucial in establishment and/or maintenance of endometriosis. TGF- β mRNA is present in both stromal and glandular epithelial cells cultured from the endometrium.⁸ Since it has been shown that TGF- β inhibits the growth of glandular epithelial cells, it can be hypothesized that the mechanism of growth inhibition by TGF- β may be altered or perturbed in endometrial hyperplasia and carcinoma.⁸ Therefore, we studied the mRNA expression of TGF- β isoforms in tissue samples from the endometrium by RT-PCR analysis.

Stage-specific expression of all TGF- β and their high-affinity receptors in the human endometrium indicate that they are under negative hormonal control although conclusive evidence is still lacking.¹ It has been suggested that TGF- β participate in the initiation of menstruation via vasoconstriction, in menstrual tissue repair and in endometriosis. Consequently, it has been proposed that TGF- β s might be potent factors involved in pathogenesis of endometriosis.¹

Transforming growth factor beta is a multifunctional cytokine that belongs to a group of cytokines that is collectively called 'The TGF- β superfamily',^{5,9} members of which regulate epithelial cell growth, differentiation, motility, organization, apoptosis⁴ and tumorigenesis.⁵

Transforming growth factor-beta is an extracellular protein predominantly produced by a subset of T-cells and is ubiquitously expressed by all cells. It is both a stimulator and inhibitor of cellular replication and controls the production of many extracellular matrices. Transforming growth factor-beta stimulates cells of mesenchymal origin and profoundly inhibits epithelial proliferation (anti-mitogenic).⁴

Transforming Growth Factor-beta Receptors and Binding Proteins

Virtually all cells in the human body have TGF- β receptors. Nine membrane protein receptors¹⁰⁻¹² have currently

been identified. There are several classes of cell-surface receptors that bind different TGF- β with different affinities. The most widely distributed of these are TGF- β receptors I and II with molecular weights of 53 and 70 kDa, respectively.^{1,10-12}

Loss of the type I and/or type II receptor correlates with the loss of cellular responsiveness to TGF- β . There are cell-type specific differences in receptor sub-types. Unlike the epidermal growth factor (EGF), platelet derived growth factor (PDGF) and fibroblast growth factor (FGF) receptors, the TGF- β family receptors all have intrinsic serine threonine kinase activity^{10,12,13} and, therefore, induce distinct cascades of signal transduction. On binding with its surface receptors TGF- β proteins transmit their signals to an intracellular protein called Smad.¹⁰⁻¹³ The generation of this signal and its interaction is complex resulting in the Smad protein being transported rapidly into the nucleus and engaging in complex mechanisms of gene regulation in association with chromatin and transcription factors. Smad proteins are subsequently degraded in the cytoplasm.

Previous studies and literatures have indicated that subjects with endometriosis exhibit higher levels of TGF- β 1 in peritoneal fluid.^{1,14} However, regarding the genetic profiling of TGF- β receptor in endometriosis, only few conflicting reports have been published to date. In our review study, we have precisely measured the genetic profiling (Tables 1 and 2) and downregulation of TGF- β receptor levels in endometriosis (Tables 3 and 4) and also have discussed the role of TGF- β in the human endometrium and in the pathophysiology of endometriosis.

High TGF- β levels around menstruation might increase production of endothelin-1, a potent vasoconstrictor involved in endometrial bleeding and cessation thereof, by endometrial epithelial cells^{1,14} suggesting that TGF- β may indirectly induce menses via vasoconstriction.

Suppression of the Immune System

That TGF- β 1 represses the immune system was demonstrated in knockout mice that died of multiorgan inflammation.^{15,16} Target cells included lymphocytes, especially regulatory T cells, cytolytic T cells, natural killer (NK) cells and macrophages. Additional studies have demonstrated that TGF- β 1 inhibits IFN- γ and IL-10 secretion by uterine NK (uNK) cells in the human endometrium, and that blocking TGF- β 1 in human endometrial cells increases secretion of IFN- γ by uNK⁹ possibly by increased production of Toll-like receptor agonist.^{1,9}

In the study conducted by D'Hooghe et al (2002),⁷ a 2-fold increase in peritoneal fluid concentration of TGF- β was found but no association of higher TGF- β 1 levels was



seen with higher stages; whereas in another study, by Pizzo et al (2002)¹⁷ higher TGF- β 1 levels were associated with higher stage-specificity in endometriosis. Previous studies and literatures have indicated that subjects with endometriosis exhibit higher levels of TGF- β 1 in peritoneal fluid,^{1,2,14,15} However, it is important to stress that in these studies, different enzyme-linked immunosorbent assay (ELISA) protocols were used and, with the exception of one study. Oosterlynck et al 1994,¹⁴ the authors did not indicate whether or not the total or bioactive levels of TGF- β 1 were analyzed.¹ Consequently, we suggest that further studies with higher subject numbers and standardized ELISA protocols are needed before a final conclusion can be reached regarding specificity of the TGF- β as potent diagnostic markers for endometriosis. Future studies should also take into account that impaired TGF- β 1 levels have been demonstrated also in some cancers, autoimmune diseases, atherosclerosis, osteoporosis and fibrosis and that few drugs including aspirin, tamoxifen also modulate plasma TGF- β 1 levels.¹⁸

CONCLUSION

Women with downregulation of TGF- β receptor level in the endometriotic tissues might be at increased risk for developing endometriosis. Further studies are necessary to determine whether the receptor levels are predictive of an ensuing lesion of endometriosis and whether TGF- β as a marker might be used to determine disease probability or prognosis.

The downregulation of TGF- β receptor level in the endometriotic tissues not only helps in understanding the pathological basis of endometriosis but most importantly, this downregulation of receptor level can be utilized as genetic basis of therapy in endometriosis in near future.

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