

# Editorial

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Dear Colleagues,

Greetings and good wishes!

This issue of the journal brings to you three original articles, one research article and three case reports. The first article is an exploratory study on the treatment seeking behavior and pathways of care followed by infertility couples. The authors conclude that infertile couples visit various healthcare agencies before reaching a tertiary care centre for assisted reproductive technologies resulting in long pathways of care. Increased awareness and education of patients is required to ensure that they approach a tertiary care clinic in the initial stages itself which would avoid delay in access to treatment and may possibly be the difference between success and failure.

A study by Dr Diviya Arun at MG Ramachandra Medical College shows that ICSI using the long protocol for stimulation, when judiciously used, gives satisfactory results, less complications and the length of the stimulation phase does not influence any parameter of clinical outcome.

An observational study on the relevance of transvaginal ultrasound, endometrial biopsy and dilatation and curettage in abnormal uterine bleeding in perimenopausal women by Ashwini Pai and Sreelakshmi Kodandapani concludes that office endometrial sampling is a reliable, accurate, easy, safer, cost effective and sensitive method for detection of abnormal endometrium in women with AUB. The success rate of diagnostic office endometrial sampling is almost equal to conventional D&C with lesser complications and should therefore be the preferred treatment of choice.

A research article on sociodemographic characteristics and clinical presentation of infertile women with polycystic ovary syndrome in a tertiary care hospital reinforces the fact that the prevalence of PCOS was high in patients from a middle socioeconomic class, residing in urban areas and obese patients.

Interesting case reports on Prenatal Diagnosis and Counseling in case of Congenital Hemivertebra, Bilateral Ovarian Torsion and Duchenne Muscular Dystrophy: Carrier Discretion to Prenatal Care make up the rest of this issue.

I do hope you find this issue as interesting as we did bringing it to you.

On a different note, we are proud to announce the dates for the 9th Life Conference to be held on 1st, 2nd and 3rd November, 2019. The theme of the conference this year will be "Medical Disorders in Infertility and Obstetrics — Concepts to Consensus". We look forward to all of you registering in large numbers and making the Conference a huge success.



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